

## Conflict Management Strategies for BRAC

Army Alternative Dispute Resolution Program



### What is Conflict Management?

A working definition –

A systemic, proactive process to identify and resolve issues in controversy early in their life cycle, before they develop into disputes, and to maintain a robust alternative dispute resolution capability to resolve the disputes that do arise efficiently, effectively, and expeditiously.



#### **BRAC Transition Period**

- Potential impact on people and organizations
  - Stress, uncertainty
  - Difficulty managing change
  - Decreased morale, productivity
  - Increased complaint activity (EEO, grievance)
- CPAC representatives are on the BRAC front lines, providing services to ALL Army clients (organizations, leaders, managers, employees)



## Another Tool for the BRAC Tool Kit

- Interest-Based Problem Solving techniques
- Very effective in identifying the source of conflict, and devising options to resolve it
- · People and problems get entangled by:
  - Perceptions
  - Emotions
  - Communication
  - Assumptions





## Perceptions





#### **Emotions**

- Recognize they exist
- Acknowledge them
- Allow for venting
- Don't react to them





### Communication is Key

- Asking questions to clarify goals
- Allowing for venting!
- Encouraging reflection on positions and interests on all sides
- Framing and re-framing language and ideas
- Shifting perceptions
- Exploring choices and options
- Exploring BATNAs for all sides



### Assumptions

 ?? – Don't assume ask questions to clarify



#### **Interest-Based Negotiation**

#### Focusing on interests can result in:

- Non-monetary solutions to problems
- Better communication due to improved understanding of each party's motivations
- Development of new options based on a thorough examination of all variables
- Discovery of issues not initially apparent that are decisive in reaching consensus



# ADR: A Business Solution for Workplace Disputes

- ADR is any voluntary procedure, using a third-party neutral, to resolve a dispute outside of litigation or other formal adjudication procedures
  - Common ADR techniques:
    - Mediation
    - Facilitation
    - Conciliation
- Proven record of effectiveness in settling disputes and resolving the real issues that cause them
- Two major advantages of ADR for the parties:
  - Control and empowerment
  - Finality (or closure) through negotiated settlement



#### Army ADR Program Goals

- Promote the early identification and resolution of issues in controversy at the lowest possible level (conflict management)
- Support and assist Army components and activities to build and maintain effective conflict management and dispute resolution capabilities
  - Training & mentoring
  - Third-party neutral support
- Establish and implement comprehensive ADR policies and guidance for all Army dispute resolution activities



#### ADR Program Office

Ms. Cynthia G. Politowicz

Army ADR Program Manager

Email: cynthia.g.politowicz.civ@army.mil

Ms. Valaria R. Johnson

Army ADR Program Coordinator & Roster Manager

Email: valaria.r.johnson.civ@army.mil

ADR Mailbox: <u>usarmy.pentagon.hqda-oqc.mbx.adr@army.mil</u>

